

# **KEEPING THE TEACHER TEACHING-Preservation through Positivity**

*Shifu/Sensei Kore Grate*

*AWMAI Lecture-Discussion designed for Teachers, Head Instructors, Assistant Teachers, & Leaders.*

*“What happens when we get challenged, tired, bored or un-inspired and still have to get up, go to the dojo/school and teach a class for our dedicated, amazing students?*

*Something occurs that is invisible, yet up-lifting when we see someone actually learning-we change in that moment, and are re-inspired.*

*We will explore and discuss various methods/tactics/ideas we use to keep growing, learning and being inspired as leaders so the legacy lives on in our students”.*

**Briefly List 3 things that made/make you want to QUIT TEACHING:**

- 1)
- 2)
- 3)

**List the 3 ways you dealt with it and came back to TEACH:**

- 1)
- 2)
- 3)

**List 3 things that your STUDENTS say or do that INSPIRE YOU:**

- 1)
- 2)
- 3)

**List 3 things that YOU DO to keep yourself INSPIRED:**

- 1)
- 2)
- 3)

**POSITIVE IDEAS to share with the group/with your students:**